Met Office warns of more stormy weather this week

3 February 2014 - Met Office forecasters are warning that further heavy rain and gale force winds will affect the UK at times this week, bringing the risk of transport disruption.

The stormy conditions could bring damaging gusts of wind of up to 80 mph along some southern and western coasts of Britain on Tuesday night and Wednesday, which could cause some disruption because of fallen trees and high waves in coastal areas.

A Yellow Met Office National Severe Weather Warning has been issued for gales and heavy rain, meaning people should be aware that severe weather is expected and should plan ahead for possible travel delays, or the disruption of day to day activities.

Will Lang, Met Office Chief Meteorologist, said: "We have more Atlantic depressions heading our way this week. Heavy rain and gales sweeping in from the west later on Tuesday and for Wednesday brings the risk of further flooding in some areas and possible disruption to transport and power supplies.

"Southern England is also at risk for further heavy rain on Thursday night. However, there is some uncertainty about whether this area of low pressure will reach our shores, it may stay to the south of us and we are monitoring how it will develop.

"Throughout this spell of unsettled weather, everyone is advised to stay up to date with the latest Met Office forecasts and National Severe Weather Warnings and be aware that the weather may change or worsen, leading to disruption of your plans in the next few days."

The gales will also continue to bring the additional risk of large and potentially hazardous waves in coastal areas.

Will Stephens, RNLI Coastal Safety Staff Officer, said: "With more stormy weather forecast, we're asking people to take extra care if they're going down to the coast. Rough seas and extreme weather might look exciting, but getting too close can be risky. So respect the water and, in particular, avoid exposed places where big waves could sweep you off your feet."

Throughout this unsettled spell Met Office forecasters and advisors are working round the clock with our partners to keep everyone up to date with the latest forecast information so they can plan and prepare for the expected weather.

Don't forget you can report severe weather impacts in your area by uploading photos and information via your mobile phone.

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